



TAMBORINE MOUNTAIN POOL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:00 AM			City Aqua Outdoor				
06:00 PM				City Aqua Outdoor			



Please note scheduled classes are subject to change.
To ensure class times are correct please contact us on **1300 332 583**

CLASS DESCRIPTIONS

We offer a variety of classes at our City centres. Take a look at our selection!

City Aqua Outdoor

This is our signature aqua session, the best of both worlds as our outdoor pools offer a shallow end and a deep end where you can pick what level suits you. Using minimum impact movements, you'll develop strength and fitness in a fun environment.